

NOVENA TO Our Lady of Mount Carmel

TO BE SAID JULY 7 — JULY 15
ENDS ON THE EVE OF THE FEAST OF OUR LADY OF MOUNT CARMEL

FIRST DAY

O Beautiful Flower of Carmel, most fruitful vine, splendor of heaven, holy and singular, who brought forth the Son of God, still ever remaining a pure virgin, assist us in our necessity! O Star of the Sea, help and protect us!

Show us that you are our Mother!

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

SECOND DAY

Most Holy Mary, Our Mother, in your great love for us you gave us the Holy Scapular of Mount Carmel, having heard the prayers of your chosen son Saint Simon Stock. Help us now to wear it faithfully and with devotion.

May it be a sign to us of our desire to grow in holiness.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

THIRD DAY

O Queen of Heaven, you gave us the Scapular as an outward sign by which we might be known as your faithful children. May we always wear it with honor by avoiding sin and imitating your virtues.

Help us to be faithful to this desire of ours.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.



WHAT'S A NOVENA?

A novena is an ancient and effective Catholic tradition of devotional praying, consisting of private or public prayers repeated for nine successive days or weeks. The first novena took place during the nine days between Ascension Thursday and Pentecost Sunday.

ABOUT CNOL

Canada Needs Our Lady aims to spread Our Lady of Fatima's message of hope through personal conversion by means of prayer and amendment of life, with special emphasis on the Holy Rosary. Our goal is to obtain the return of Canada to God through the means proposed by Our Blessed Mother at Fatima.

FOURTH DAY

When you gave us, Gracious Lady, the Scapular as our Habit, you called us to be not only servants, but also your own children. We ask you to gain for us from your Son the grace to live as your children in joy, peace and love.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

FIFTH DAY

O Mother of Fair Love, through your goodness, as your children, we are called to live in the spirit of Carmel. Help us to live in charity with one another, prayerful as Elijah of old, and mindful of our call to minister to God's people.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

SIXTH DAY

With loving provident care, O Mother Most Amiable, you covered us with your Scapular as a shield of defense against the Evil One. Through your assistance, may we bravely struggle against the powers of evil, always open to your Son Jesus Christ.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

SEVENTH DAY

O Mary, Help of Christians, you assured us that wearing your Scapular worthily would keep us safe from harm. Protect us in both body and soul with your continual aid. May all that we do be pleasing to your Son and to you.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

EIGHTH DAY

You give us hope, O Mother of Mercy, that through your Scapular promise we might quickly pass through the fires of purgatory to the Kingdom of your Son. Be our comfort and our hope. Grant that our hope may not be in vain but that, ever faithful to your Son and to you, we may speedily enjoy after death the blessed company of Jesus and the saints.

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.

NINTH DAY

O Most Holy Mother of Mount Carmel, when asked by a saint to grant privileges to the family of Carmel, you gave assurance of your Motherly love and help to those faithful to you and to your Son. Behold us, your children.

We glory in wearing your holy habit, which makes us members of your family of Carmel, through which we shall have your powerful protection in life, at death and even after death.

Look down with love, O Gate of Heaven, on all those now in their last agony!

Look down graciously, O Virgin, Flower of Carmel, on all those in need of help!

Look down mercifully, O Mother of our Savior, on all those who do not know that they are numbered among your children.

Look down tenderly, O Queen of All Saints, on the poor souls!

(Mention your request here)

Our Father, Hail Mary, Glory Be... Our Lady of Mount Carmel, pray for us.